

Instant Pot Mexican Brown Rice

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-pot-mexican-brown-rice-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1/2 cup diced yellow onion
- 2 cups brown rice I like basmati brown rice
- 10 ounces diced tomatoes and green chilies mild Rotel
- 14 ounces diced tomatoes
- 2 cups low sodium chicken broth
- 1 teaspoon chili powder
- 1 teaspoon cumin
- 2 teaspoons kosher salt
- chopped cilantro For garnish:, optional

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 41 grams
3. Fat: 4 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 630 milligrams
8. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Instant Pot Mexican Brown Rice above. You can see more 18 instant pot mexican brown rice recipe Get cooking and enjoy! to get more great cooking ideas.