

Instant Pot Lasagna Soup

Yield: 6 min
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-pot-lasagna-soup-recipes>

Ingredients:

- 1 tablespoon olive oil
- 16 ounces mild Italian sausage
- 1/2 cup diced onion
- 4 garlic cloves minced
- 24 ounces marinara sauce
- 1 cup chicken broth
- 2 cups water
- 1 teaspoon dried basil
- 1 teaspoon dried oregano
- 1/2 teaspoon dried thyme
- 8 ounces lasagna noodles broken
- 1/2 cup heavy cream
- 1 cup ricotta cheese
- 1/2 cup grated Parmesan cheese
- 1 teaspoon dried parsley
- 1 cup shredded mozzarella cheese

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 135 milligrams
4. Fat: 50 grams
5. Fiber: 4 grams
6. Protein: 26 grams
7. SaturatedFat: 22 grams
8. Sodium: 1320 milligrams
9. Sugar: 11 grams

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