

# Secret Chicken Noodle Soup

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-chicken-soup-recipe-whole-chicken>

## Ingredients:

- 1 3/8 kilograms whole chicken preferably organic
- 3 carrots large, roughly chopped
- 4 celery stalks roughly chopped
- 2 white onions or yellow, peeled and left whole
- 2 garlic cloves peeled and left whole
- 6 sprigs fresh parsley
- 1/2 teaspoon whole black peppercorns
- 1 teaspoon coarse salt
- 1/2 teaspoon dried thyme
- 2 bay leaves
- water to cover
- 1 cup carrots chopped
- 1/3 cup yellow onions or white, chopped
- 1/2 cup celery stalks chopped, leaves removed
- 1 chicken bouillon cube
- chicken Shredded, from stock
- 2 cups cooked egg noodles to taste

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 210 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 67 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1140 milligrams
9. Sugar: 7 grams

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