

# Instant Pot Chicken Tacos

Yield: 4 min  
Total Time: 14 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-pot-chicken-tacos-recipes>

## Ingredients:

- 3 boneless skinless chicken breasts fresh or frozen
- 2 tablespoons taco seasoning store bought or homemade
- 1/3 cup chicken broth
- 1 cup salsa
- taco shells or tortillas
- cheese
- lettuce
- tomatoes

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 65 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 23 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 650 milligrams
9. Sugar: 3 grams

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