

# Sweet Chili Roasted Brussels Sprouts

Yield: 3 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/insanely-easy-vegetarian-chili-recipes>

## Ingredients:

- 1 bag Brussels sprouts 1 lb. per bag
- 1 tablespoon extra-virgin olive oil
- 1/4 teaspoon salt
- 2 tablespoons sweet chili sauce for Brussels sprouts
- 2 tablespoons sweet chili sauce for serving

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 5 grams
3. Fat: 4.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 500 milligrams
8. Sugar: 3 grams

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