

# Indonesian Grilled Chicken

Yield: 6 min  
Total Time: 28 min

Recipe from: <https://www.recipeschoose.com/recipes/indonesian-grilled-chicken-recipe>

## Ingredients:

- 1 1/2 pounds chicken tenders or breast sliced to size of tenders
- 2 tablespoons natural peanut butter the kind that separates
- 2 teaspoons ginger fresh grated
- 3 cloves garlic minced
- 1 tablespoon coriander dried, better known as cilantro
- 2 tablespoons honey
- 1 teaspoon Thai red curry paste
- 3 tablespoons soy sauce
- 2 tablespoons ponzu sauce
- 2 tablespoons rice wine vinegar

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 75 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 580 milligrams
9. Sugar: 7 grams

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