

Ginger Tea

Yield: 3 min
Total Time: 11 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-ginger-tea-recipe>

Ingredients:

- 2 inches ginger
- 3 cups water
- 2 tablespoons lemon juice
- 1 teaspoon honey

Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 3 grams
3. Sodium: 10 milligrams
4. Sugar: 2 grams

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