

# Yellow Curry Powder

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-yellow-curry-recipe-vegetarian>

## Ingredients:

- 2 teaspoons cumin
- 1 teaspoon ground coriander
- 1 teaspoon ground turmeric
- 1/4 teaspoon ground ginger
- 1/4 teaspoon dry mustard powder
- 1/4 teaspoon canela
- 1/4 teaspoon ground cardamom
- 1/4 teaspoon ground white pepper or black pepper
- 1/4 teaspoon ground nutmeg or allspice or mace
- 1/4 teaspoon ground clove
- 1 pinch ground cayenne pepper
- 1 pinch salt
- 1/4 teaspoon fenugreek seed ground
- 1/4 teaspoon fennel seed or anise seed, ground

## Nutrition:

1. Calories: 15 calories
2. Carbohydrate: 2 grams
3. Fat: 0.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 75 milligrams

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