

# Tropical Fruit Parfaits

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-tropical-fruit-punch-recipe>

## Ingredients:

- 2 cups heavy whipping cream chilled
- 1/2 cup powdered sugar
- 1 teaspoon vanilla extract
- 2 cups granola any flavor
- 2/3 cup mini chocolate chips
- 23 ounces Dole Tropical Fruit thoroughly drained

## Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 165 milligrams
4. Fat: 67 grams
5. Fiber: 7 grams
6. Protein: 13 grams
7. SaturatedFat: 35 grams
8. Sodium: 65 milligrams
9. Sugar: 42 grams

---

Thank you for visiting our website. Hope you enjoy Tropical Fruit Parfaits above. You can see more 17 indian tropical fruit punch recipe You won't believe the taste! to get more great cooking ideas.