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Indian Tomato Soup

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/tomato-soup-recipe-north-indian-style

Ingredients:

- 29 ounces tomatoes
- 1/2 cup water
- 6 cloves garlic
- 6 slices ginger equivalent to 2 tablespoons minced
- 1 teaspoon salt
- 2 teaspoons turmeric
- 1 1/2 teaspoons Garam Masala + 1.5 teaspoon garam masala for finishing
- 1 teaspoon cayenne pepper
- 4 ounces butter diced into cubes
- 1/2 cup heavy whipping cream
- 1/4 cup chopped cilantro

Nutrition:

- 1. Calories: 360 calories
- 2. Carbohydrate: 13 grams
- 3. Cholesterol: 100 milligrams
- 4. Fat: 34 grams
- 5. Fiber: 3 grams
- 6. Protein: 4 grams
- 7. SaturatedFat: 21 grams
- 8. Sodium: 780 milligrams
- 9. Sugar: 6 grams

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