## RecipesCh@~se

## **Butter Chicken**

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/butter-chicken-recipe-times-of-india

## **Ingredients:**

- 10 ounces boneless, skinless chicken thighs or breasts. 3 thighs or one large breast
- 2 tablespoons vegetable oil
- 1 teaspoon tandoori masala available in Indian grocery stores
- 1 1/2 teaspoons spice mix indian restaurant, recipe link below
- 3/4 teaspoon tandoori masala
- 1/2 teaspoon chili powder kashmiri, or more to taste
- 1 teaspoon dried fenugreek leaves kasoor methi -
- 1/2 teaspoon kosher salt or 1/3 tsp table salt
- chicken Butter
- 2 tablespoons onion finely diced
- 1 green chili cut into strips plus more for garnish
- 1 teaspoon garlic ginger paste recipe link in notes
- 1 1/2 tablespoons tomato paste diluted with 3 tbsp water
- 15 ounces base curry, recipe link in notes
- 1 tablespoon almond flour
- 2 teaspoons jaggery sugar -, is a nice touch if you can get it
- 3 tablespoons heavy cream
- 2 tablespoons butter optional

## Nutrition:

- 1. Calories: 700 calories
- 2. Carbohydrate: 7 grams
- 3. Cholesterol: 325 milligrams
- 4. Fat: 32 grams
- 5. Fiber: 1 grams
- 6. Protein: 94 grams
- 7. SaturatedFat: 12 grams
- 8. Sodium: 1000 milligrams
- 9. Sugar: 4 grams

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