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Indian Fry Bread Tacos

Yield: 10 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/the-best-indian-taco-recipe

Ingredients:

- 1 indian fry bread recipe
- 2 pounds ground beef
- 1 onion diced
- 1 packet taco seasoning mix
- 31 ounces red kidney beans dark, drained & rinsed
- 1 head iceberg lettuce shredded
- 4 tomatoes diced
- 2 cups sharp cheddar cheese grated
- 6 1/2 ounces sliced black olives
- 6 green onions sliced
- 8 ounces sour cream
- 1 jar salsa

Nutrition:

- 1. Calories: 410 calories
- 2. Carbohydrate: 12 grams
- 3. Cholesterol: 95 milligrams
- 4. Fat: 29 grams
- 5. Fiber: 2 grams
- 6. Protein: 29 grams
- 7. SaturatedFat: 13 grams
- 8. Sodium: 500 milligrams
- 9. Sugar: 4 grams
- 10. TransFat: 1 grams

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