

# Indian Spiced Brown Rice

Yield: 6 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-sweet-brown-rice-recipe>

## Ingredients:

- 2 tablespoons coconut oil
- 1 cup roasted cashews raw or dry
- 1/2 onion chopped
- 2 cloves garlic minced
- 1 1/2 teaspoons curry powder Muchi
- 1/2 teaspoon Garam Masala
- 1 cup brown rice uncooked
- 3 cups vegetable broth
- 3 ounces dried plums chopped
- salt and ground black pepper to taste
- fresh cilantro To serve: garnish with, optional

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 43 grams
3. Fat: 16 grams
4. Fiber: 3 grams
5. Protein: 7 grams
6. SaturatedFat: 6 grams
7. Sodium: 620 milligrams
8. Sugar: 8 grams

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