

Chicken Seekh Kebab

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-style-kebabs-recipe>

Ingredients:

- 1 1/8 pounds minced chicken
- 1 teaspoon ginger paste
- 1 teaspoon garlic paste
- 7 green chilies chopped
- 1 onions small; finely chopped
- 1 teaspoon red chili powder
- 1 tablespoon ground cumin
- 1 teaspoon ground coriander
- 1 teaspoon garam masala
- salt to taste
- 1 eggs
- butter as required

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 175 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 7 grams
8. Sodium: 360 milligrams
9. Sugar: 5 grams

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