

# Lauki Raita / Dudhi Raita

Yield: 2 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-squash-dudhi-recipe>

## Ingredients:

- 1 cup curd / Yoghurt
- 1 cup bottle gourd Grated Lauki/
- 1/2 teaspoon chilli powder
- 1/2 teaspoon jeera Bhuna, /Roasted Cumin Powder
- 1/2 teaspoon mint Dried Pudina/, Powder
- 1/2 teaspoon salt