

Indian Spinach Rice

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-wirh-spinach-rice-indian-recipe>

Ingredients:

- 1 1/2 cups rice washed and drained, any kind
- 1 bunch spinach washed and coarsely chopped
- 1 tomato cubed
- 1 onion sliced
- 2 green chillies optional
- 2 teaspoons ghee or oil
- 1/2 teaspoon jeera or cumin
- 10 roasted cashew nuts for garnish, optional
- 1/4 cup grated coconut
- 1 bunch coriander leaves cilantro
- 1 onion
- 3 shallots
- 1 teaspoon chilli powder
- 1 teaspoon Garam Masala

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 48 grams
3. Fat: 5 grams
4. Fiber: 5 grams
5. Protein: 8 grams
6. SaturatedFat: 3 grams
7. Sodium: 90 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Indian Spinach Rice above. You can see more 18 shrimp wirh spinach rice indian recipe Get ready to indulge! to get more great cooking ideas.