

Parmesan Buttered Popcorn

Yield: 1 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-indian-style-popcorn>

Ingredients:

- 3 tablespoons canola oil
- 1/2 cup popcorn kernels, preferably Orville Redenbacher's Original Gourmet Popping Corn
- 1/2 teaspoon salt
- 3 tablespoons unsalted butter melted
- 7 tablespoons Parmigiano-Reggiano cheese finely grated, the good stuff is a must here
- ground black pepper Freshly, to taste

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 90 milligrams
4. Fat: 76 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 25 grams
8. Sodium: 1180 milligrams

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