

# Indian Spiced Cauliflower Cakes

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-spiced-potato-cakes-recipe>

## Ingredients:

- 3 cups rice
- 2 large potatoes
- 1 teaspoon ginger
- 1 teaspoon Garam Masala
- 1 teaspoon ground cumin
- salt
- oil to pan fry

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 72 grams
3. Fat: 5 grams
4. Fiber: 4 grams
5. Protein: 7 grams
6. Sodium: 210 milligrams
7. Sugar: 2 grams

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