

Spiced Popcorn

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-spiced-popcorn-recipe>

Ingredients:

- 1 cup popcorn kernels
- 2 tablespoons unsalted butter melted
- 2 tablespoons grated Parmesan cheese freshly
- 1 teaspoon paprika
- 1 teaspoon cracked black pepper freshly
- 1/2 teaspoon coarse sea salt

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 20 milligrams
4. Fat: 9 grams
5. Fiber: 8 grams
6. Protein: 8 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 350 milligrams
9. Sugar: 1 grams

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