

Carrot Ginger Soup with Star Anise

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/indy-star-may-11-recipe>

Ingredients:

- 3 tablespoons unsalted butter
- 2 pounds carrots peeled and chopped
- 1 onion medium, diced
- 2 cloves garlic minced
- 1 tablespoon ginger freshly grated
- 1 bay leaf
- 4 cups chicken stock or low-sodium broth
- 5 whole star anise two for grating for garnish, optional*
- 1/4 cup cream
- coarse salt
- cayenne pepper