

Air Fryer Samosa {keto}

Yield: 4 min
Total Time: 36 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-samosa-recipe-air-fryer>

Ingredients:

- 6 cups cauliflower rice raw, or 4 cups chopped cauliflower florets
- 1 cup green beans Chopped
- 1/2 cup red onions Chopped
- 6 green chilies chopped
- 2 inches ginger peeled and grated
- salt
- pepper
- 1 teaspoon curry powder
- 1 tablespoon coriander powder
- 1/2 teaspoon chili powder
- 1/2 teaspoon mango powder
- cilantro to garnish, optional
- 1 teaspoon oil and water or aquafaba if oil-free
- 1/2 teaspoon Panch Phoron or cumin and mustard seeds mixed
- roasted peanuts Optional –, or cashews
- 1 package coconut Wraps, Not coconut tortillas, contains 5 wraps, or 5 Phyllo/Filo Sheets if not low-carb
- oil to brush