

How To Make Indian Cardamom Rice Pudding

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-rice-pudding-with-cardamom-and-rosewater-recipe>

Ingredients:

- 3/4 cup rice pudding, or basmati rice
- 4 1/4 cups whole milk
- 1 cup single cream
- 1 teaspoon ground cardamom
- 5 tablespoons sugar
- 1 rosewater splash of

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 75 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 14 grams
8. Sodium: 140 milligrams
9. Sugar: 29 grams

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