

Quick Indian Chicken Curry

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-recipe-with-evaporated-milk>

Ingredients:

- 5 boneless, skinless chicken breasts cut into 1-inch pieces
- 2 tablespoons lemon juice
- 2 tablespoons olive oil divided
- 2 tablespoons curry powder divided
- 1 yellow onion finely chopped
- 3 cloves garlic minced
- 1 tablespoon ginger grated
- 15 ounces crushed tomatoes
- 1/2 cup evaporated milk

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 70 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 230 milligrams
9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Quick Indian Chicken Curry above. You can see more 19 indian recipe with evaporated milk Unlock flavor sensations! to get more great cooking ideas.