

Leftover Turkey Curry

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/turkey-curry-recipe-indian-style>

Ingredients:

- 2 tablespoons curry powder
- 4 tablespoons butter
- 1 1/2 cups onion chopped
- 2 tablespoons flour
- 1/2 teaspoon ground ginger
- 2 cups chicken broth
- 1 pineapple 8- or 9-ounce can, crushed, undrained
- 3 cups turkey cooked, diced
- 2 tablespoons lemon juice
- 2 cups rice hot, cooked
- chopped cilantro optional
- mint optional

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 80 milligrams
4. Fat: 19 grams
5. Fiber: 5 grams
6. Protein: 23 grams
7. SaturatedFat: 9 grams
8. Sodium: 180 milligrams
9. Sugar: 28 grams

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