

Super Spinach Smoothie

Yield: 1 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-recipe-for-green-bananas>

Ingredients:

- 1 banana ripe, frozen bananas are best in smoothies
- 1 spinach leaves big heaping cup clean
- 1 tablespoon honey
- 1 tablespoon green amazing grass, powder
- 1 cup almond milk cold