

Spiced Lentil, Puffed Rice and Cucumber Salad

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-puffed-rice-snack-recipe>

Ingredients:

- 1 5/16 cups puy lentils ready-to-eat pouch
- 1 teaspoon cumin seeds
- 1 teaspoon mild curry powder
- hot chilli powder a pinch
- 2 teaspoons vegetable oil
- 3 5/8 cups puffed rice
- 1/2 cucumber cut into chunks
- coriander a small bunch, roughly chopped
- 1/2 mint a small bunch, leaves picked and torn
- 1 red onion small, finely chopped
- 5/8 cup pomegranate seeds
- 5/8 cup natural yogurt to serve
- 1 tablespoon tamarind paste
- 2 teaspoons light brown sugar
- 3 tablespoons lemon juice
- 1 teaspoon ginger paste or fresh grated ginger
- 1 tablespoon vegetable oil or rapeseed oil