

# Quick Prawn, Coconut & Tomato Curry

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-prawn-curry-recipe-with-coconut-cream>

## Ingredients:

- 2 tablespoons vegetable oil
- 1 onion medium, thinly sliced
- 2 garlic cloves sliced
- 1 green chilli deseeded and sliced
- 3 tablespoons curry paste
- 1 tablespoon tomato purée
- 7/8 cup vegetable stock
- 7/8 cup coconut cream
- 3/4 pound prawns
- coriander
- rice

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 95 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 16 grams
7. SaturatedFat: 16 grams
8. Sodium: 270 milligrams
9. Sugar: 4 grams

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