

Aloo ki Tikki-Potato Tikki

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-potato-tikki-recipe>

Ingredients:

- 1 cup potatoes boiled, peeled and mashed
- 1/2 cup green peas boiled and coarsely crushed
- 1 tablespoon coriander leaves dhania, finely chopped
- 1 teaspoon chaat masala
- 1/2 teaspoon chilli powder
- 2 tablespoons corn flour
- 2 tablespoons breadcrumbs
- salt to taste
- oil for greasing and cooking

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 14 grams
3. Fat: 5 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. Sodium: 220 milligrams
7. Sugar: 2 grams

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