

# Fresh Peach Chutney

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-peach-chutney-recipe>

## Ingredients:

- 2 pounds fresh peaches
- 1 medium red onion or white
- 1 red apple or green
- 1/4 teaspoon ground ginger
- 1 teaspoon fresh ginger grated
- 1 teaspoon ground cinnamon
- 7 cardamom pods ground
- 1/4 teaspoon aniseed
- 1/2 teaspoon ground turmeric
- 1 teaspoon coriander seeds
- 1 teaspoon black pepper pods
- 1 red chile small dried whole
- 1 1/4 cups white vinegar
- 1 pound light brown sugar

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 173 grams
3. Fat: 1 grams
4. Fiber: 11 grams
5. Protein: 4 grams
6. Sodium: 45 milligrams
7. Sugar: 153 grams

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