

Pav Bhaji Masala

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-pav-bhaji-masala-recipe>

Ingredients:

- 12 red chillies
- 8 red chillies Kashmiri Dry
- 3 tablespoons coriander seeds
- 5 cloves
- 1/2 teaspoon pepper
- 2 tablespoons cumin seeds
- 2 tablespoons fennel seeds
- 1 inch canela stick
- 3 cardamom seeds Black
- 1 teaspoon turmeric
- 1 tablespoon mango or Amchur Powder

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 7 grams
3. Fat: 2.5 grams
4. Fiber: 4 grams
5. Protein: 2 grams
6. Sodium: 15 milligrams

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