

Buttermilk Panna Cotta

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/panna-cotta-recipe-indian-style>

Ingredients:

- 1 1/2 teaspoons unflavored gelatin
- 1 1/4 cups heavy cream
- 7 tablespoons sugar
- 1/2 vanilla pod split lengthwise
- 1 3/4 cups buttermilk

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 90 milligrams
4. Fat: 24 grams
5. Protein: 5 grams
6. SaturatedFat: 15 grams
7. Sodium: 85 milligrams
8. Sugar: 18 grams

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