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2 Ingredient Naan Flatbread (and Garlic Naan Too!)

Yield: 10 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/indian-naan-recipe-without-yeast

Ingredients:

- 3 1/3 cups flour self-rising, self-raising
- 1 1/2 cups Greek yogurt
- 2 tablespoons water
- olive oil optional
- sea salt optional
- 2 tablespoons olive oil
- 3 cloves garlic minced
- 2 tablespoons cilantro chopped
- sea salt sprinkle of

Nutrition:

Calories: 220 calories
Carbohydrate: 34 grams
Cholesterol: 5 milligrams

4. Fat: 6 grams5. Fiber: 1 grams6. Protein: 5 grams

7. SaturatedFat: 1.5 grams8. Sodium: 170 milligrams

9. Sugar: 2 grams

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