

Spicy Indian Chicken and Mango Curry

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-mango-curry-recipe-indian>

Ingredients:

- 2 mangoes medium, peeled and sliced, divided
- 10 ounces coconut milk
- 4 teaspoons vegetable oil
- 4 teaspoons curry paste spicy
- 14 ounces skinless boneless chicken breast halves cut into cubes
- 4 shallots medium, sliced
- 1 English cucumber large, seeded and sliced

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 44 grams
3. Fat: 22 grams
4. Fiber: 4 grams
5. Protein: 7 grams
6. SaturatedFat: 15 grams
7. Sodium: 30 milligrams
8. Sugar: 20 grams

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