

Sweet Fried Bread - Mandazi (Mahamri)

Yield: 20 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-mandazi-recipe>

Ingredients:

- 15 1/2 cups all purpose flour
- 1/2 cup water
- 3/4 cup coconut milk
- 1 egg
- 1/4 cup coconut powder
- 1/2 cup sugar
- 1 teaspoon cardamom powder substitute with Nutmeg or Cinnamon
- 2 teaspoons yeast
- 1 pinch salt

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 80 grams
3. Cholesterol: 10 milligrams
4. Fat: 4 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 20 milligrams
9. Sugar: 5 grams

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