

Indian style Coconut Ice

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/white-chocolate-cake-recipe-indian>

Ingredients:

- 3 cups desiccated coconut
- 1/4 cup condensed milk
- 1/2 cup heavy cream
- 1 teaspoon cardamom powder
- 300 grams white chocolate
- 2 tablespoons heavy cream
- 1 teaspoon rose syrup

Nutrition:

1. Calories: 1030 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 85 milligrams
4. Fat: 82 grams
5. Fiber: 10 grams
6. Protein: 11 grams
7. SaturatedFat: 60 grams
8. Sodium: 130 milligrams
9. Sugar: 59 grams

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