

# Butternut, Chickpea and Lentil Curry

Yield: 8 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-lentil-chickpea-recipe>

## Ingredients:

- canola oil
- yellow onion
- cumin
- coriander
- fennel seeds
- turmeric
- Garam Masala
- cinnamon
- black pepper
- cayenne pepper
- ginger root
- garlic
- lentils red, masoor dal
- butternut squash
- chickpeas garbanzo beans
- baby spinach
- lemon
- salt
- cilantro
- mint leaves