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Honey Lemon Iced Tea

Yield: 4 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/indian-lemon-iced-tea-recipe

Ingredients:

- 2 tea bags I use Lipton yellow label
- 6 tablespoons honey I use New Zealand Manuka honey
- 2 lemons
- 1 cup boiling water
- 3 cups cold water
- ice lots of

Nutrition:

Calories: 110 calories
Carbohydrate: 32 grams

3. Fiber: 3 grams4. Protein: 1 grams

5. Sodium: 15 milligrams

6. Sugar: 26 grams

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