

Kesar Pista Kulfi

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-kesar-pista-kulfi-recipe>

Ingredients:

- 4 1/4 cups full-fat milk
- 1 can condensed milk
- 4 tablespoons milk powder
- 1/2 teaspoon cardamom powder
- saffron /kesar 2 large pinch
- 4 tablespoons pistachio
- 3 tablespoons corn flour

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 35 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 7 grams
8. Sodium: 140 milligrams
9. Sugar: 17 grams

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