

Maa Ki Dal

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-kalai-dal-recipe>

Ingredients:

- 1/2 cup urad dal
- 1/2 onions
- 1 teaspoon cumin seed
- 1 clove
- 1/2 inch cinnamon sticks
- 4 cardamom seeds
- 1 tablespoon vegetable oil
- salt
- 4 garlic cloves
- 1/2 inch ginger
- 3 green chile
- 1 chopped tomatoes
- 1/4 cup milk or cream
- 1 1/2 teaspoons red chile powder
- 1/4 teaspoon ground turmeric
- 1/8 teaspoon hing (powder)
- 1/4 teaspoon kasuri methi
- cilantro leaves for garnish, optional