

# Rose Coconut Ladoo | Quick Indian Dessert

Yield: 50 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-ice-cream-recipe-with-condensed-milk>

## Ingredients:

- 4 cups unsweetened shredded coconut 1lb/400g bag
- 1 can condensed milk 14 oz. per can
- 2 pods green cardamom seeds removed from pods and crushed/powdered
- 2 tablespoons rose syrup like Roohafza or Cortas brand
- 1 teaspoon rose water optional, but recommended