

Kulfi (Indian ice cream) with no condensed milk

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-ice-cream-recipe-at-home>

Ingredients:

- 12 ounces evaporated milk 1 can
- 10 tablespoons sugar 1/2 cup and 2 tbsp
- 3/4 cup heavy cream
- 1 teaspoon ground cardamom
- 1 teaspoon pistachios chopped
- 3 saffron
- salt pinch

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 100 milligrams
4. Fat: 27 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 17 grams
8. Sodium: 310 milligrams
9. Sugar: 31 grams

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