

Southern Hoe Cakes

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-hoe-cakes-recipe>

Ingredients:

- 1 cup self rising flour
- 1 cup self rising cornmeal
- 1 tablespoon sugar
- 1/4 teaspoon salt
- 3/4 cup buttermilk
- 2 large eggs
- 1/2 cup water
- 1/4 cup vegetable oil
- 1/4 cup bacon drippings
- butter

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 55 grams
3. Cholesterol: 140 milligrams
4. Fat: 39 grams
5. Fiber: 3 grams
6. Protein: 11 grams
7. SaturatedFat: 13 grams
8. Sodium: 1210 milligrams
9. Sugar: 6 grams

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