

Indian Pudding - Hasty Pudding

Yield: 12 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-head-yellow-cornmeal-cornbread-recipe>

Ingredients:

- 3 cups whole milk
- 1 cup cream heavy, whipping
- 1/2 cup yellow cornmeal
- 1/2 cup light brown sugar lightly packed
- 1/2 cup molasses
- 1 teaspoon salt
- 2 teaspoons ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 1/4 teaspoon ground ginger
- 4 large eggs
- 4 tablespoons unsalted butter cut into 4 pieces

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 105 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 270 milligrams
9. Sugar: 20 grams

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