

Balsamic-Glazed Halibut

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-halibut-steak-recipe>

Ingredients:

- 2 tablespoons balsamic vinegar
- 1 teaspoon brown sugar packed
- 1 teaspoon Dijon mustard
- 12 ounces halibut
- 1/8 teaspoon black pepper

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 25 milligrams
4. Fat: 2 grams
5. Protein: 18 grams
6. Sodium: 50 milligrams
7. Sugar: 2 grams

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