

# Indian Fragrant Ghee Rice(Nei Choru)

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-ghee-ball-recipe>

## Ingredients:

- 2 cups basmati rice or 2 cups of regular keeri samba rice, see notes on basmati or regular rice
- 3 cups water if basmati rice
- 3 1/4 cups water for regular samba rice
- salt to season
- 4 tablespoons ghee clarified butter
- 1 cup cashew nuts 1/2 cup to, optional garnish
- 1/2 cup raisins
- 2 onions large, sliced fine
- 2 inches canela piece
- 4 cloves
- 5 cardamoms slightly bruised
- 1 star anise
- 1 bay leaf
- 2 strips mace thin

## Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 113 grams
3. Fat: 37 grams
4. Fiber: 7 grams
5. Protein: 19 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 230 milligrams
8. Sugar: 14 grams

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