

Mango Ice Cream

Yield: 8 min
Total Time: 735 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-food-mango-ice-cream-recipe>

Ingredients:

- 2 mangoes large, or enough to make 1 cup mango pulp
- 14 ounces sweetened condensed milk
- 2 cups heavy cream
- 2 drops yellow food coloring optional

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 115 milligrams
4. Fat: 31 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 19 grams
8. Sodium: 90 milligrams
9. Sugar: 35 grams

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