

Masala Chai Tea

Yield: 1 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-fennel-tea-recipe>

Ingredients:

- 3/4 cup water
- 4 whole green cardamom pods smashed
- 2 slices fresh ginger
- 1 cinnamon stick 1-inch
- 1 piece star anise
- 3/4 cup milk
- 1 1/2 teaspoons black tea leaves loose
- sweetener to taste, I prefer honey or maple syrup