

Easy Slow Cooker Chicken Curry

Yield: 4 min
Total Time: 495 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-curry-recipe-for-slow-cooker>

Ingredients:

- 1 onion diced
- 1 red pepper cut into bitesized pieces
- 1 pound chicken breasts diced
- 1 pound potatoes peeled and cut into bitesized pieces
- 7/8 pound tomatoes tin of
- 3 teaspoons curry powder I use medium when cooking for the kids
- 3 1/3 cups fresh spinach roughly chopped.

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 70 milligrams
4. Fat: 3.5 grams
5. Fiber: 5 grams
6. Protein: 28 grams
7. SaturatedFat: 1 grams
8. Sodium: 170 milligrams
9. Sugar: 6 grams

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