

Indian Corn Bread Pudding

Yield: 1 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-indian-corn-bread-recipe>

Ingredients:

- 1 corn muffin medium, or 2 corn toaster cakes, cut into 1/2-inch cubes, 1 1/4 cups
- 2/3 cup whole milk
- 1 large egg
- 1 tablespoon molasses
- 1/4 teaspoon ground ginger

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 230 milligrams
4. Fat: 10 grams
5. Protein: 11 grams
6. SaturatedFat: 5 grams
7. Sodium: 150 milligrams
8. Sugar: 20 grams

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