

Vegan Falafel Curry

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-falafel-indian-recipe>

Ingredients:

- 1 tablespoon oil plant-based
- 14 falafel Homemade
- 1 cup tomato purée
- 1 cup full-fat canned coconut milk
- 1/4 teaspoon salt and more to taste
- 1 teaspoon ginger powder
- 1 teaspoon Garam Masala
- 1 inch ginger root piece
- fresh cilantro

Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 58 grams
3. Fat: 57 grams
4. Fiber: 6 grams
5. Protein: 21 grams
6. SaturatedFat: 28 grams
7. Sodium: 1160 milligrams
8. Sugar: 10 grams

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